

# Term 2 + Playdates

## NUBO Alexandria



# In need of a bespoke experience with your friends? Enjoy our Playdates!

This tailored, immersive NUBO experience brings parents, grandparents, or nannies together for the **ultimate journey** through **play**. With a private **creative workshop**, **explorative adventures** and **delicious baked treats** on offer you won't want to miss out!

Perfect for those with little ones **aged 6mths - 2yrs**.

## Story Time

Enjoy your very own **story and rhyme time** (our mindful moment) where **imaginations soar** and little ones will experience a **tale come alive!**

## Explorative Play

**Build, slide, climb, role play** and **let loose** to show off **physical** and **social skills** with the rest of our NUBO village, not to mention burning off all that **kid energy!**

## Creative Learning

**Cognitive** and **sensory** skills come alive in a 30min **painting/sensory workshop** guided by our super awesome Educators, who together with you and your little ones will **get creative!**

Want to know more?  
[Click here](#)

# 1 Choose your group size

Group of 5

**\$150**

\$30 each for  
5 x Bubs + Grown-ups

Group of 10

**\$250**

\$25 each for  
10 x Bubs + Grown-ups

## This three hour experience includes:

- Nubo welcome drink
- Tailored Story time
- Private creative workshop
- Hot drink + baked treats
- Free play
- Grip socks

# 2 Pick your workshop



## Monday Sensory

Explore a variety of stimuli through **music, movement, sight** and **touch**. Great for working on little one's sense of self and creating a special **bonding moment** between young and older!

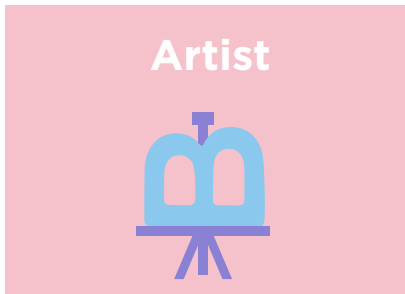


## Friday Painting

The **senses** will be **ignited** as bubs **freely create masterpieces** using fingers + brushes, deepening their **fine motor skills** and understanding of **colours** and **shapes**!

# 3 Book now!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
9:45											
10am	Mini Painter	Mini Painter	Little Mover	Mini Sensory	Little Crafter	Little Sculptor	Musician	Little Yogi	Creator		
10:15	Playdate!										
10:30				Story Time (library)							
10:45											
11am		Little Scientist	Baby Painter	Little Artist	Mini Mover	Baby Sensory	Big Crafter	Big Sculptor	Musician	Big Yogi	Creator
11:15											
11:30				Surprise Play							
11:45											
12pm	Big Scientist	Baby Sensory	Little Creator	Big Artist	Little Mover	Baby Sensory	Little Crafter	Little Sculptor	Baby Painter	Musician	Creator
12:15											
12:30											
12:45											
1pm				Story Time (library)							
1:15											
1:30											
1:45											
2pm	Little Scientist		Big Creator	Big Mover	Big Performer	Baby Painter	Musician	Creator			
2:15											
2:30				Story Time (library)							
2:45											
3pm	Big Scientist	Little Cooks	Little Creator	Big Artist	Little Mover	Little Performer	Big Sculptor	Little Artist	Musician	Creator	
3:15											
3:30											
4pm											



## Artist

### Watch Me Paint

Ken Done's will be smiling from ear to ear in this workshop, expressing themselves through a variety of painting techniques! Key creative + gross motor skills will flourish...full learning power through messy play!

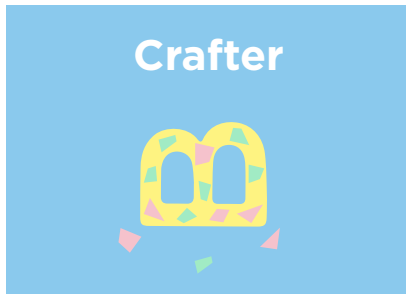
- Wk 1 + 6 Colours
- Wk 2 + 7 Shapes
- Wk 3 + 8 Composition
- Wk 4 + 9 Textures
- Wk 5 + 10 Collaborative Mural

### Teaching Points

Improve creative thinking, learn to verbally share ideas and work cooperatively.

### Recommended Age

- Little 2 - 3 yrs
- Big 3+ yrs



## Crafter

### Crafts for movement

This hands-on experience is super cute, with arty animals the take-away to keep! Your child will craft a unique vision of what their animal will be by using a mix of materials, techniques and a plethora of colours to create a whole zoo's worth of 'pets' by the end of term! Each week the animal will be chosen based on a game, song or book, making this a fully immersive workshop.

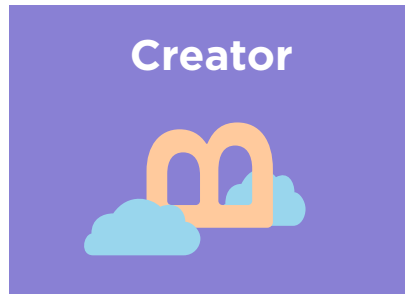
- Wk 1 + 6 Threaded Snakes
- Wk 2 + 7 Bunny Maracas
- Wk 3 + 8 Birdy Balloons
- Wk 4 + 9 Bouncy Jellyfish
- Wk 5 + 10 Sensory Butterflies

### Teaching Points

Develop fine motor skills, creative thinking and improve coordination.

### Recommended Age

- Mini 1 - 2 yrs
- Little 2 - 3 yrs
- Big 3+ yrs



## Creator

### Thoughtful Art

An art workshop with a difference, here we concentrate on mind + matter by exploring children's feelings and their associations with creativity. This workshop has a super easy flow to it and kids will love being able to express themselves so openly + visually.

- Wk 1 + 6 Sun Exploration
- Wk 2 + 7 Colour the Emotions
- Wk 3 + 8 Mandalas
- Wk 4 + 9 Sand Creations
- Wk 5 + 10 Field of Flowers

### Teaching Points

Develop fine motor skills, learn to share ideas, express themselves verbally and develop a positive sense of self.

### Recommended Age

- Little 2 - 3 yrs
- Big 3+ yrs



## Cook

### What my body needs

We explore nourishing foods that all bits of our bodies need to be healthy + happy. Little ones will be encouraged to taste new ingredients and be adventurous with combinations!

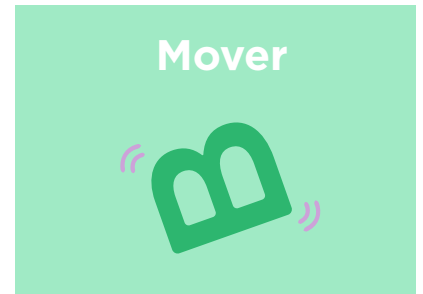
- Wk 1 + 6 Happy Brain
- Wk 2 + 7 Healthy Beating Heart
- Wk 3 + 8 Big Muscles
- Wk 4 + 9 Strong Bones
- Wk 5 + 10 Sweets for Soul

### Teaching Points

Develop an understanding of healthy nutrition, as well as the importance of looking after our physical health.

### Recommended Age

- Little 2 - 3 yrs
- Big 3+ yrs



## Mover

### Fun Moves

For future thespians /choreographers, this workshop encourages self-expression through movement + dramatic play. Little ones will love learning to move in new ways and develop a sense of self-awareness.

### Weekly Lessons

- Wk 1 + 6 Ball Games
- Wk 2 + 7 Mindful Moves
- Wk 3 + 8 Obstacle Course
- Wk 4 + 9 Balloon Room
- Wk 5 + 10 Carnival Fun

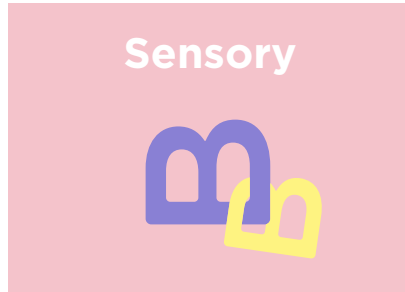
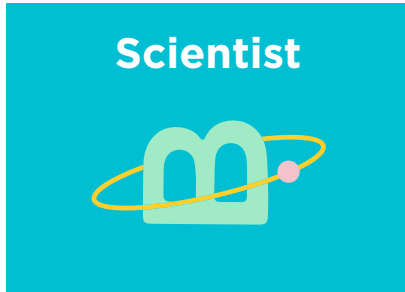
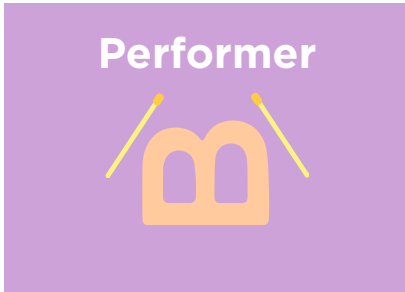
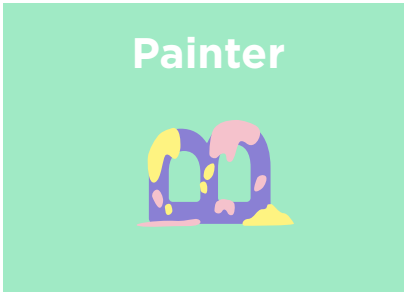
### Teaching Points

Gain increased coordination, balance, flexibility and develop a positive sense of self.

### Recommended Age

- Mini 1 - 2 yrs
- Little 2 - 3 yrs
- Big 3+ yrs





### Music and Friends

What's better than a good tune + friends? We explore the values of music to the core and show off skills of being a great musician! This fun workshop will ensure each child makes positive and engaging connections with their workshop mates, and learn a new song each week.

- Wk 1 + 6 My Family
- Wk 2 + 7 My Feelings
- Wk 3 + 8 Teamwork
- Wk 4 + 9 How to be a friend
- Wk 5 + 10 Mini Performance

### Teaching Points

Develop empathy, enhance gross motor skills, deepen knowledge and understanding of rhythm and pitch.

### Recommended Age

- Little 2 - 3 yrs
- Big 3+ yrs

### Paint With Me

Paint with Me is all about creating as a team. Kids + grown-ups work closely together to paint away their imaginations, and motor skills will be finely tuned through this high sensory + open-ended play.

- Wk 1 + 6 Easel Painting
- Wk 2 + 7 Cling Wrap Painting
- Wk 3 + 8 Painting Together
- Wk 4 + 9 Painting with Food
- Wk 5 + 10 Messy Floor Painting

### Teaching Points

Improve ability to manipulate a variety of materials and cognitive growth through sensory play.

### Recommended Age

- Baby 0 - 12 mths
- Mini 1- 2 yrs

### Fairytale Fun

Put on your acting shoes! We learn about all the magical characters from our favourite tales + learn acting skills to grow performance ability and a deeper sense of awareness on body language and spatial awareness.

- Wk 1 + 6 The Hero
- Wk 2 + 7 The Villain
- Wk 3 + 8 Magical Creature
- Wk 4 + 9 Royalty
- Wk 5 + 10 Fairytale Finale

### Teaching Points

Gain and increase coordination, develop creative thinking and positive sense of self.

### Recommended Age

- Little 2 - 3 yrs
- Big 3+ yrs

### My Senses

Science experiments are the best! In this workshop we switch on our scientific brains and delve deep into what our senses are. Each week a new sense will be our theme and children will learn what they are, how they connect with other senses and why each plays an important role for our body as a whole.

- Wk 1 + 6 Taste
- Wk 2 + 7 Smell
- Wk 3 + 8 Touch
- Wk 4 + 9 Hear
- Wk 5 + 10 See

### Teaching Points

Children develop a range of skills and processes such as problem solving, inquiring, experimenting and investigating.

### Recommended Age

- Little 2 - 3 yrs
- Big 3+ yrs

### Exploring Senses

NUBO babies and minis experience all the sounds + touch + sights of this magical world they live in. Through music + movement + singing little ones grow their senses and idea of self before our very eyes.

- Wk 1 + 6 Connect
- Wk 2 + 7 Grow
- Wk 3 + 8 Explore
- Wk 4 + 9 Learn
- Wk 5 + 10 Observe

### Teaching Points

Explore a variety of sensory stimuli, develop understanding of cause and effect and cognitive growth.

### Recommended Age

- Baby 0 - 12 mths
- Mini 1- 2 yrs



## Sculptor



## Yogi



### Recycling Nature

Recycling Nature brings out the eco in us! No longer are delivery boxes just junk to be crushed into the bin....instead we at NUBO craft these and many other recycled materials into stunning masterpieces. All whilst learning why it is so important to reduce + reuse + recycle so we can look after this beautiful world we live in.

Wk 1 + 6 What is recycling?  
Wk 2 + 7 Let's make a jungle  
Wk 3 + 8 Imaginary animal  
Wk 4 + 9 Under sea world  
Wk 5 + 10 Create you own world

### Teaching Points

Develop creative thinking skills and learn to manipulate a variety of materials, while learning to respect and care for the environment.

### Recommended Age

Little 2 - 3 yrs  
Big 3+ yrs

### Young Yoga

Namaste! Our awesome Young Yoga instructor Alysse brings inner peace to NUBO with this soul nurturing + mindful session giving little ones a calm and restful break to their day - with the added benefit of improved focus ability and life-long skills in holistic ME time.

Wk 1 + 6 Yoga Story Time  
Wk 2 + 7 Yoga Obstacle Course  
Wk 3 + 8 Yoga Mandala Making  
Wk 4 + 9 Mindfulness Sensory  
Wk 5 + 10 Yoga Groove

### Teaching Points

Develop skills for improving impulse control and self-regulation.

### Recommended Age

Little 2 - 3 yrs  
Big 3+ yrs

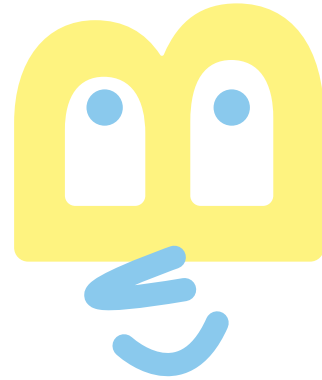
Book here  
now!



# Ready to book our awesome workshops?

We only have 10 spots in each of our workshops, so we highly recommend booking in advance!

**Book here**  
now!



**E-mail or call me!**

**[info@nubo.com.au](mailto:info@nubo.com.au)**

**[+61 \(02\) 9317 2049](tel:+61(02)93172049)**

## Terms and Conditions

1. Little ones must always be supervised by their adults, including in our workshops.
2. Non-slip socks are our footwear of choice - for little and big people. Don't have any? Purchase some at reception.
3. Prepayment is necessary for casual bookings.
4. Be sure to sign up at reception so we know you are booked in for the session.
5. Unlimited entries include one workshop entry pass only.
6. If we have to cancel the workshop for any reason, we will happily give you a refund or credit, however, we are unable to provide a refund/credit for any other purpose/guest's change of mind.
7. NUBO standard Terms & Conditions are to be followed.