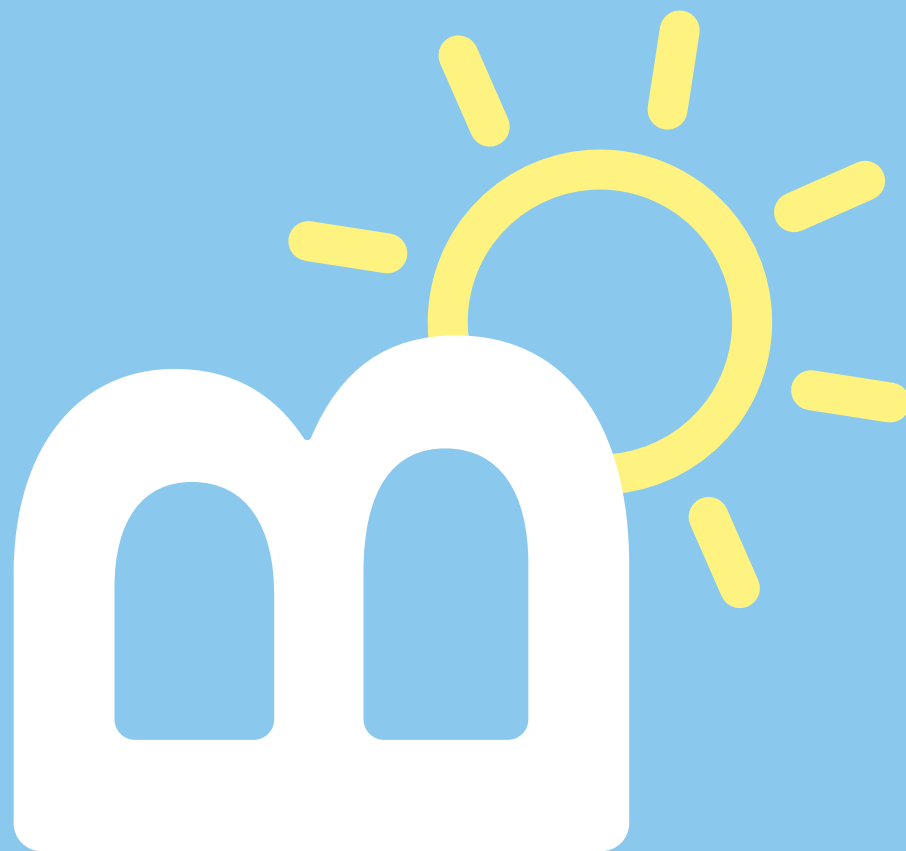


Welcome to Term 4



Mini Composer



Performing

Kids will create and perform songs together as a team using musical instruments. They will learn about symbols, timing, rhythm, patience and the value of sharing and taking turns. They will also make their own instruments in this workshop.

Developmental Domains:

Gross motor skills, language

Teaching Points:

Develop knowledge and understanding of tone, pitch and rhythm. Improve phonetic awareness by recalling song words.

NUBO Core Values:

Communicating – I can express how I am feeling.

Every Monday & Saturday

\$Workshop rate

10am – 10:30am | 11:30am – 12pm
2:30pm – 3pm | 3:30pm – 4pm
Recommended 2yrs +

Mini Artist



Collage

This workshop explores colours and shapes. Kids will be able to paint, cut and paste shapes based on objects from nature.

Developmental Domains:

Fine Motor skills, social emotional

Teaching points:

Improve colour and shape recognition. Develop problem solving skills through categorisation of objects by colour, shape and size.

NUBO Core Values:

Communicating – I can express how I am feeling.

Every Tuesday

\$Workshop rate

10am – 10:30am | 11:30am – 12pm
2:30pm – 3pm | 3:30pm – 4pm
Recommended 2yrs +

Little Coder



Robotics

Cubetto our favourite NUBO robot, is made of tactile and hard-wearing wood. Screenless programming that is hands on. Children will start to explore the world of robotics and simple coding.

Developmental Domains:

Cognitive

Teaching Points:

Develop knowledge and understanding of coding and directional language.

NUBO Core Values:

Problem solving – I can solve a problem.

Every Tuesday

\$Workshop rate

10am – 10:30am | 12pm – 12:30pm
Recommended 3+

Parents & Bubs



Sensory

In our Parents & Bubs workshops we want the NUBO minis to experience an incredible variety of sounds, smells, sights, music, movement and singing! The workshop aims to stimulate learning through a baby's senses.

Developmental Domains:

Stimulating senses, fine motor skills

Teaching Points:

Improve ability to manipulate and sort objects. Develop skills in hypothesizing, investigating and experimenting.

NUBO Core Values:

Exploring – I can try new things.

Every Tuesday, Thursday

\$Workshop rate

10:30am – 11am
Under 18mths

Mini Cooks



Healthy Snacks

The little ones will independently make their own healthy snacks to enjoy. There will be bliss balls to roll and slices to press. Mini chefs will hopefully share their delights with the adults.

Developmental Domains:

Fine motor skills, sensory

Teaching Points:

Develop knowledge and understanding of measurement and nutritional value.

NUBO Core Values:

Spirit – I can work with other children.

Every Wednesday

\$Workshop rate

11:30am – 12pm
Recommended 2yrs+

Mini Papermaker



Mini Painter



Baby Painter



Papermaking

Make your own beautiful handmade sheets of paper by tearing scrap paper, blended with water. This creates a pulp which is then used with the paper making frame to make the desired result. Viola!

Developmental Domains:

Sensory, fine motor skills

Teaching Points:

Develop knowledge and understanding of recycling and sustainability.

NUBO Core Values:

Creating - I can create something beautiful.

Every Thursday

\$Workshop rate

10am - 10:30am | 2:30pm - 3pm
Recommended 2yrs+

Ball Painting

Children will explore painting using a different medium. They will mix their own colours and roll or bounce a rubber ball across paper to create an amazing art experience.

Developmental Domains:

Fine motor skills, hand-eye coordination

Teaching Points:

Improve pattern and shape recognition and develop understanding of cause and effect.

NUBO Core Values:

Creating - I can create something beautiful.

Every Friday

\$Workshop rate

10am - 10:30am | 2:30pm - 3pm
3:30pm - 4pm
Recommended 2yrs +

Baby Painting

Baby painter is an open-ended, process based experience. It provides an opportunity to explore painting safely and freely. Kiddies will enjoy using their fingers and brushes to make marks with paint in their own way.

Developmental Domains:

Hand-eye coordination, fine motor skills

Teaching Points:

Develop fine and gross motor skills and hand-eye coordination.

NUBO Core Values:

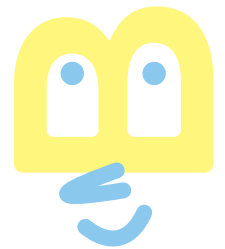
Exploring - I can try new things.

Every Friday

\$Workshop rate

10:30am - 11am
Under 18mths

[Book here!](#)



Self-care

At NUBO, we understand the need to provide the tools for our dear little ones on how to cope with the demands of modern society. Stress, anxiety and the fast-paced world we live in can easily overwhelm us to feel drained. We understand the importance of taking the time to slow down and catch our breath. With this in mind, we have carefully crafted the Term 4 program to include Self-Care themed workshops to help our little and big customers feel calmer, happier, and more well-balanced.

As a parent, you naturally prioritise the needs of your family first and in doing so, can run out of precious me-time; time to relax, have a cup of coffee/tea, and simply do something for yourself. We are happy to introduce Parent Time, a new 30 mins session designed for adults to stimulate your senses. In Chatswood, there will be a mentally engaging talk about guiding children's behaviour and the importance of play. In Alexandria, there will be a mindful adult beginner painting class. We've arranged activities that will run concurrently so your kiddies will be entertained. Now you have no excuse to join us ;p

No Germs!

Craft Making

We all want the little ones to learn some hygiene habits so in this workshop we combine art and craft with hygiene. Children will learn to brush their teeth, wash their hands and blow their nose! All with some handy take home crafts to use at home.

Developmental Domains:

Fine motor skills

Teaching Points:

Develop the ability to plan and sequence task performance. Learn skills to help them become more independent.

NUBO Core Values:

Enterprising – I can put my own ideas into action.

Every Monday

\$Workshop rate

10:30am – 11am | 12pm – 12:30pm
2:30pm – 3pm
Recommended 3yrs+

Edible Face Masks

Cooking

Satisfy your tummies and treat your skin at the same time by making an edible face mask. Our young beauticians will learn how to whip up a mask that is not only good for your skin but tastes good too!

Developmental Domains:

Fine motor skills, sensory

Teaching Points:

Develop a sense of self, necessary for high self-efficacy.

NUBO Core Values:

Exploring – I can try new things.

Every Wednesday

\$Workshop rate + \$10

10am – 10:30am
Recommended 2yrs+

Happy Tunes

Singing

In this workshop kiddies will learn about self care by identifying their emotions and the ways they can cope with them. They will sing and dance to new songs together so they can sing them at home when they are feeling down. They will understand body language, facial expressions and the use of voice through drama exercises!

Developmental Domains:
Language, gross motor skills

Teaching points:
Develop an awareness of thoughts and feelings to aid self-regulation.

NUBO Core Values:
Communicating – I can speak clearly in front of others.

Every Thursday
\$Workshop rate
10am – 10:30am | 12pm – 12:30pm
3pm – 3:30pm
Recommended 3yrs +

Shape Yourself

Clay Making

Come and explore the sense of touch in a 3-D format with some clay fun! Kiddies will learn how to mould and shape their own features onto the clay. The process itself is a therapeutic exercise.

Developmental Domains:
Fine motor skills, sensory

Teaching Points:
Develop fine motor skills and improve ability to manipulate a variety of materials.

NUBO Core Values:
Exploring – I can try new things.

Every Friday
\$Workshop rate
11:30am – 12pm | 3pm – 3:30pm
Recommended 3yrs +

The Art of Giving

Craft Making

Nothing compares to that feeling of making something for the people you love. Children will create crafty and thoughtful gifts including felt key rings, friendship bracelets and watercolour coasters.

Developmental Domains:
Fine motor skills, creativity

Teaching Points:
Develop fine motor skills and improve ability to manipulate a variety of materials.

NUBO Core Values:
Creating – I can create something beautiful.

Every Sunday
\$Workshop rate
10am – 10:30am | 11:30am – 12pm
2:30pm – 3pm | 3:30pm – 4pm
Recommended 2yrs+

Parent Time

Parent Talks

The first three parent seminars will be focusing on guiding children's behaviour. The aim of these seminars is to provide parents with some helpful behaviour strategies to use at home; to aid a happy and positive environment.

The final two talks will be on the importance of play. This will highlight some of the key benefits of play for your child's social, emotional and cognitive development.

Teaching points:
Develop knowledge and understanding of restorative behavioural approaches.

NUBO Core Values:
Caring – I can recognise my own emotions and the emotions of others.

Every Wednesday
\$Workshop rate
11:30am – 12pm
For adults

[Book here!](#)



Young Yoga

Mini Yogi



Children have an innate ability to live in the moment and not worry about what has just happened or what is about to happen. Alysse from Young Yoga aims to encourage this mindful practice for children of all ages. Yoga is the experience that positively encourages children to keep that natural ability into their teenage years and adulthood, regardless of life's social, financial, or circumstantial challenges.

Young Yoga Instructor Alysse inspires young children to feel their calm, improve their sleep and increase their focus in an imaginative and memorable journey. Namaste.

Wk 1: Yoga Story Time
Wk 2: Yoga Obstacle Course
Wk 3: Yoga Mandala Making
Wk 4: Mindfulness Sensory
Wk 5: Yoga Groove

Developmental Domains:
Gross Motor Skills

Teaching Points:
Develop skills for improving impulse control and self-regulation.

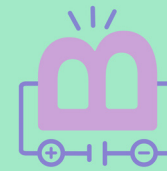
NUBO Core Values:
Body - I can try new things.

Every Wednesday
\$15
10:30am - 11am
Recommended 2yrs+



Su-en created the Little Bumblebees Learning Program so that children could experience the wonder and curiosity of technology through games and activity. She holds a doctorate in computer science where she crafted computers to turn the tables on hackers (called a Honeypot) and this led to a decade working in federal government cyber security. Su-en now spends her days exploring different ways to capture the hearts and minds of children to embrace Science Technology Engineering and Maths (STEM).

Mini Engineer



Join our Little Bumblebees STEM Learning Program. Create amazing arts & crafts that showcase electronics, technology and maths in a fun way that is also educational.

Developmental Domains:
Fine motor skills, cognitive

Teaching Points:
Develop skills in experimenting, problem solving and hypothesizing.

NUBO Core Values:
Problem Solving - I can solve a problem.

Every Thursday
\$15
11:30am - 12pm
Recommended 2yrs+
4pm - 4:30pm
Recommended 3yrs+

[Book here!](#)



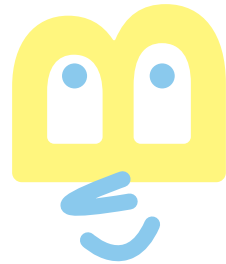
	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Room	imagine	create	create	imagine	cafe	imagine	create	imagine	imagine	create	imagine	create	create	imagine
10am	Mini Composer		Mini Artist	Little Coder (robotics)	Edible Face Masks (cook)		Mini Papermaker	Happy Tunes (sing)	Mini Painter		Mini Composer		The Art of Giving (craft)	
10:30		No Germs! (craft)		Parents & Bubs		Mini Yogi		Parents & Bubs		Baby Painter				
	Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)	Story Time (treehouse)
11am	Surprise Fun		Surprise Fun		Surprise Fun		Surprise Fun		Surprise Fun		Surprise Fun		Surprise Fun	
11:30	Mini Composer		Mini Artist		Parent Time	Mini Cooks	Mini Engineer (stem)			Shape Yourself (clay)	Mini Composer		The Art of Giving (craft)	
12pm		No Germs! (craft)		Little Coder (robotics)				Happy Tunes (sing)						
12:30	Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)	
2pm														
2:30	Mini Composer	No Germs! (craft)	Mini Artist				Mini Papermaker		Mini Painter		Mini Composer		The Art of Giving (craft)	
3pm	Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)		Story Time (treehouse)	Happy Tunes (sing)	Story Time (treehouse)	Shape Yourself (clay)	Story Time (treehouse)		Story Time (treehouse)	
3:30	Mini Composer		Mini Artist						Mini Painter		Mini Composer		The Art of Giving (craft)	
4pm							Little Engineer (stem)							
4:30														

Ready to book one of our awesome workshops?

Please note: Bookings are essential. Each workshop has **10 available spaces only**.

We recommend you to book in advance to secure your spot to avoid disappointment.

Book here
now!



Terms and Conditions

1. Children must be supervised by an adult. Adults must attend the workshops with their child. Each package includes one adult entry.
2. Shoes must be taken off prior to entry into the play areas. Non-slip socks must be worn at all times (bring your own or purchasable at the counter). These rules apply to both adults/ carers and children.
3. All workshops are included in the workshop and family membership.
4. Prepayment is necessary. Bookings can be made on the day if the workshop has space.
5. No refunds or credits are given under any circumstances unless the activity is cancelled due to insufficient registrations.
6. For any enquiries please contact chatswood.info@nubo
7. NUBO centres Terms and Conditions are to be followed.