School Holiday Fun!

Our second School Holiday Fun is here and we can't wait for you to join us!

We've carefully curated an enriching program for your beautiful family.

A passionate team of Early Years educators and specialists will deliver an immersive experience by providing support, expert advice and useful tips for parents in areas such as STEM and nutrition.

Each exciting workshop includes complimentary coffee or tea. We also have some extra surprises in store for you; well-loved activities scheduled on Wednesdays, Fridays and weekends across both centres. You'll have to book in on those days to see what they are:)

Get ready to have some serious fun and learn lots of cool things.

We love to collaborate!

Meet our School Holidays Brands + Specialists:

Young Yoga



ZOE MEAD



Little Bumblebees

• STEM LEARNING.

Children have an innate ability to live in the moment and not worry about what has just happened or what is about to happen. Alysse from Young Yoga aims to encourage this mindful practice for children of all ages. Yoga is the experience that positively encourages children to keep that natural ability into their teenage years and adulthood, regardless of life's social, financial, or circumstantial challenges.

The WeDo Game is a collection of 30 creative. fun, screen-free activities for families to do together. Created by a young Sydney family, the game promotes quality family time without phones, laptops, or TVs. Described as a smart parenting tool, The WeDo Game has won numerous national awards and inspired thousands of families to disconnect. and reconnect.

Zoe Mead is a clinical nutritionist who currently works across a number of health promotional programs for the South Eastern Sydney Local Health District, including Go4Fun and Munch & Move. Due to her own journey with Crohn's disease, an inflammatory bowel disease, and the loss of a loved one to a cardiovascular disease. Zoe has a passion for preventative health. believing that good nutrition is required to live a full and productive life.

Angie Kotsornithis is a government-accredited infant massage educator and a registered nurse with early childhood experience. Angie also has a background as a wellness coach and experience in stress management. She incorporates all her experience into running her infant massage group sessions.

Su-en created the Little **Bumblebees Learning** Program so children could experience the wonder and curiosity of technology through games and activities. Su-en holds a doctorate in computer science and has crafted computers to turn the tables on hackers (called a Honeypot), which led to a decade working in cybersecurity for the federal government. Su-en now spends her days exploring ways to capture the hearts and minds of children to embrace Science Technology Engineering and Math (STEM).



Sing & Imagine

Singer/songwriter Sammy will guide the children to shake and groove, scream and shout to her awesome original songs performed live. There will be instruments for kids to use and also time to make their own so they can take it home and continue to practice. It's a little NUBO orchestra to appeal to the karaoke star in all of us.

Monday 1st/8th Oct \$15

10am - 10:30am | 11:30am - 12pm 2pm - 2:30pm | 3:30pm -4pm Recommended 2yrs +





Little Bumblebees

Arts and crafts with technology! Children will join in a group activity to create artwork with real lights that twinkle. It involves a bit of science, technology, and art combined with a whole lot of fun.

Tuesday 2nd/9th Oct \$20

10:30am - 11am | 2:30pm - 3pm Recommended 3yrs +

Cubetto in Space + Alien Crafts

Cubetto, the NUBO robot that teaches direction, will take children on a space mission and return to Earth to make their own wooden alien.

Tuesday 2nd/9th Oct \$15

10am - 10:30am | 11:30am - 12pm 2pm - 2:30pm | 3:30pm - 4pm Recommended 3yrs +



Colourful Murals

In this workshop, children will create a beautiful piece of art as they work on the floor with spray bottles, brushes, squeezy bottles, and lots of colours to make a group mural. We will then divide and cut up the canvas so each child has a piece to take home.

Wednesday 3rd/10th Oct \$15

10am - 10:30am | 11:30am - 12pm 3:30pm - 4pm Recommended 2yrs +



well4life

This session will introduce the benefits of massage strokes to a baby's body system and the psychological, emotional, mental, and physical benefits of the therapy.

Thursday 4th Oct \$25

10:30am - 11:30am For 12 months and under

Mindful Frames

We want the little ones to create something beautiful all on their own. Children will have all the bits and pieces to make a frame that they can give to someone special as a gift. Fine motor skills are the focus, with cutting, pasting and gluing.

Thursday 4th/11th Oct \$15

10am - 10:30am | 11:30am - 12pn 2pm - 2:30pm | 3:30pm - 4pm Recommended 2yrs +



ZOE MEAD

No bake cooking! Kiddies will cut fruits into fun shapes and learn how to make their own popsicles! This will be followed by a nutrition talk for parents.

Friday 5th/12th Oct \$29

10:30am - 11:30am Recommended 2yrs +

THE GAME

The creator of this card game will be on site to lead the workshop. Leave technology aside and connect with family through creative play.

Friday 12th Oct | \$15

11am - 11:30am

Necklace Art

Come and make your own necklace from natural beads, glitter, pompoms and other materials that suit your style!

Friday 5th/12th Oct | \$15

10am - 10:30am | 11:30am - 12pm Recommended 2yrs +



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Relax Day





Slime & Goo

Kiddies will be allowed to make a MESS whilst exploring their senses by creating slime and goo. We all know children love to explore, so this workshop will keep them engaged in their own creations with no rules and no restrictions. Just pure messy play! And best of all, you won't need to clean up after them:)

Monday 8th Oct \$15

10am - 10:30 am | 10:30am - 11am 11:30am - 12pm | 12pm- 12:30pm 2pm - 2:30pm | 2:30pm - 3pm Recommended 2yrs +



Messy Masterpiece

Why not let the little ones be free to express themselves in a fun and messy way! Children will trace their little bodies and they will be able to explore colours and use their imagination to create a big group masterpiece. No rules, no restrictions! Just messy play! – and best of all you won't need to clean up after them:)

Tuesday 2nd/9th Oct \$15

10am - 10:30 am | 10:30am - 11am 11:30am - 12pm | 12pm-12:30pm 2pm - 2:30pm | 2:30pm - 3pm Recommended 2yrs +

Little Bumblebees

Arts and crafts with technology! Children will join in a group activity to create artwork with real lights that twinkle. It involves a bit of science, technology, and art combined with a whole lot of fun.

Wednesday 3rd/10th Oct \$20

10:30am - 11am | 3:30pm - 4pm Recommended 3yrs +

Young Yoga

Young Yoga Instructor Alysse inspires young children to feel their calm, improve their sleep and increase their focus in an imaginative and memorable journey. Namaste.

Wednesday 3rd/10th Oct \$20

11:30am - 12pm Recommended 2yrs +

well4life

This session will introduce the benefits of massage strokes to a baby's body system and the psychological, emotional, mental, and physical benefits of the therapy.

Thursday 11th Oct \$25

10:30am - 11:30am For 12 months and under

Soothing Sounds

Singer/songwriter Sammy, will let the children shake and groove, sing, hum to her original songs and make a soothing instrument to take home! There's a little NUBO karaoke star in all of us.

Thursday 4th/11th October \$15

10am - 10:30 am | 10:30am - 11am 11:30am - 12pm | 12pm- 12:30pm 2pm - 2:30pm | 2:30pm - 3pm Recommended 2yrs +

THE GAME

The creator of this globally acclaimed card game will be on site to lead the workshop. Leave technology aside and connect with family through creative play.

Friday 5th Oct \$15

11am - 11:30am Recommended 2yrs +

Art Play

Art Specialist Shallal will lead an adult and child therapyinspired art activity.

10am - 10:30am | 10:30am - 11am

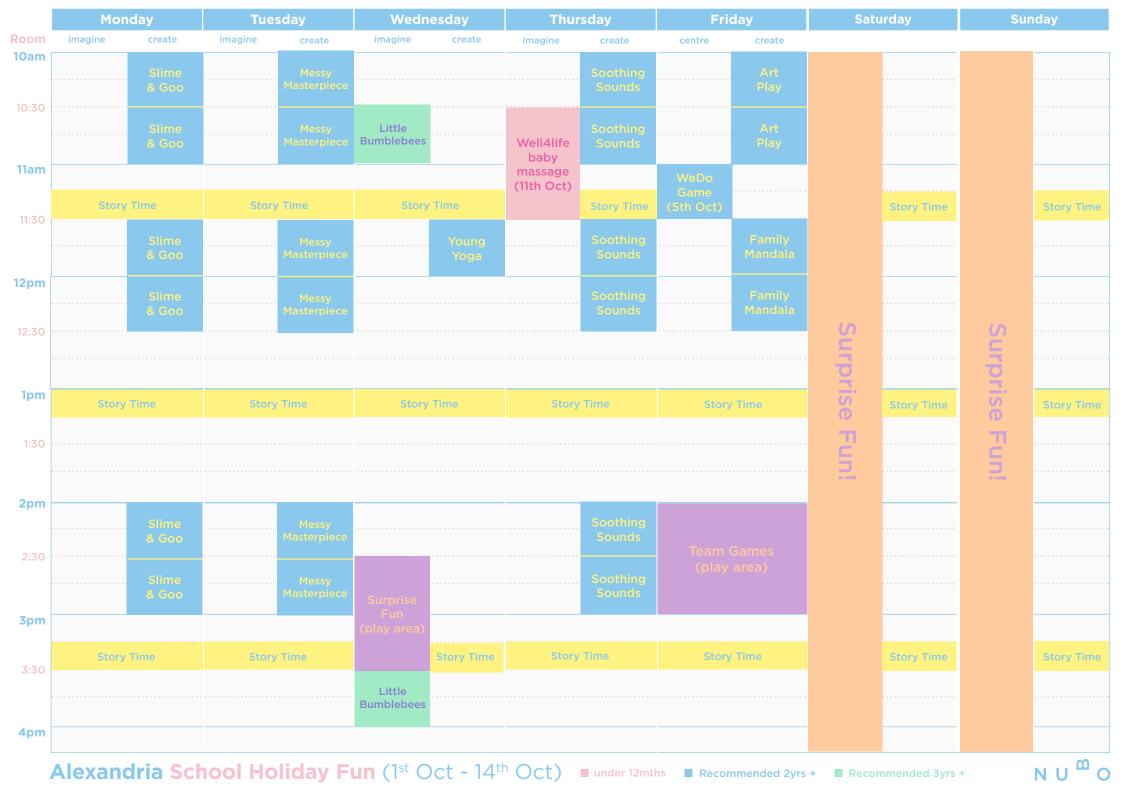
Family Mandala

Children and parents will be led by Shallal to create amazing mandalas, feeling at peace with the creation.

11:30am - 12pm | 12pm -12:30pm

Friday 5th/12th Oct \$15

Recommended 2vrs +



Ready to book one of our awesome workshops?

Please note: Bookings are essential. Each workshop has 10 available spaces only. We recommend you to book in advance to secure your spot to avoid disappointment.



Terms and Conditions

- 1. Children must be supervised by an adult. Adults must attend the workshops with their child. Each package includes one adult entry.
- 2. Shoes must be taken off prior to entry into the play areas. Non-slip socks must be worn at all times (bring your own or purchasable at the counter). These rules apply to both adults/carers and children.
- 3. Prepayment is necessary. Bookings can be made on the day if the workshop has space.
- 4. No refunds or credits are given under any circumstances unless the activity is cancelled due to insufficient registrations.
- 5. Siblings will be charged at a 50% discount if registered for the same workshop.
- 6. For any enquiries please contact info@nubo.com.au
- 7. A complimentary coffee/tea will be provided per adult per workshop booking.
- 8. Please collect your workshop wristband at reception.
- 9. NUBO centres Terms and Conditions are to be followed.